

Attention Student Veterans!

Participate in this interesting study and learn more about your daily activity levels and sleep patterns

We are inviting military veteran college students to participate in this interesting study on **daily physical activity and sleep** and how they relate to memory and stress.

Who can participate? You must be a U.S. military veteran and a college student to participate in this study.

What would I do? You would complete an online questionnaire, wear a portable health monitoring device (similar to a Fitbit) for about two weeks, and fill out short daily surveys on your sleep and physical activities.

What will I receive for participating? All participants are given a ***summary of their sleep patterns and physical activity*** over the two weeks and a ***pair of movie tickets***.

Who is conducting this research? Our research team includes Dr. Tamiko Azuma, an associate professor, and Karen Gallagher, an associate clinical professor (and proud military veteran) from the ASU Department of Speech and Hearing Science. This research study is in collaboration with the ASU Pat Tillman Center.

How do I sign up or learn more about the study? Just email us at asuveteranstudy@gmail.com and we will provide you more information.

Note: **We can only accept 8 participants per two-week session, so if you would like to participate or want more information, please email us at asuveteranstudy@gmail.com soon!**

If you have any questions concerning the research study, please email Dr. Tamiko Azuma at tamiko.azuma@asu.edu. This study has been approved by the ASU IRB (Protocol #00004696)